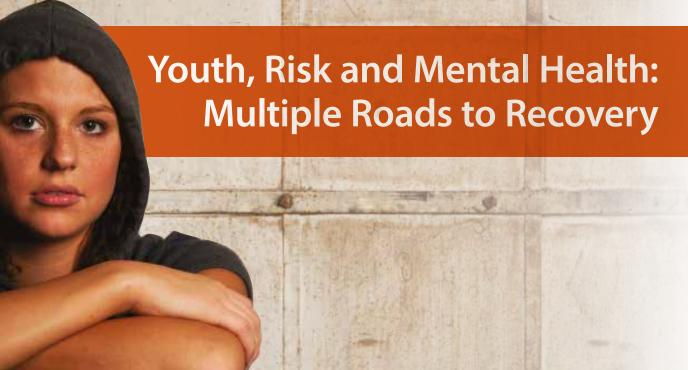
European Association for Forensic Child and Adolescent Psychiatry, Psychology and other involved Professions



# 4<sup>TH</sup> EFCAP Congress 2014



Wednesday 7th – Friday 9th May 2014

The Midland Hotel, Manchester, UK



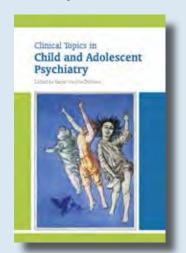
**Final Programme** 

## **New from RCPsych Publications**

Books from RCPsych Publications are on sale in the EFCAP exhibition

## Clinical Topics in Child and Adolescent Psychiatry

#### **Edited by Sarah Huline-Dickens**



However much policy material is produced, the real function of most child psychiatrists is to assess and treat mental disorders in childhood and adolescence. This is a comprehensive update on the field that will inform the clinical practice of all child and adolescent mental health professionals.

The authors bring the medical perspective to bear on psychopathology and demonstrate that our understanding of childhood psychiatric disorders, their origins and their treatments are improving. They write with a particular focus on four contemporary themes – continuity into adult life, the integration of biological and social aetiology, the influence of neuroscience, and the increasing use of research and evidence – and take into account recent changes in DSM-5.

Some chapters have been specially commissioned for this book, while previous versions of the others have been published in the journal *Advances in Psychiatric Treatment* and have now been fully revised and updated in line with the four themes. The new chapters include disorders in 0- to 4-year-olds, Tourette syndrome and the clinically significant topic of anxiety. Other topics include: autism spectrum disorders, behavioural and affective disorders, pharmacology and psychological therapies, fabrication and induction of illness, and gender dysphoria.

All the topics covered are central to the work of practising child and adolescent mental health professionals, and many will also be relevant to paediatricians, psychologists, social workers, and trainees in all these fields.

March 2014, paperback, 384 pages, ISBN 978-1-909726-17-8, price £30 (RCPsych members' price: £27)





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#### Venue

The Midland Hotel, Peter Street, Manchester M60 2DS, UK

#### Host organisation

Royal College of Psychiatrists
Centre for Advanced Learning and Conferences (CALC)
21 Prescot Street
London E1 8BB, UK
www.rcpsych.ac.uk

Tel: 020 7235 2351

# Welcome to the 4th EFCAP Congress 2014

It is both an honour and privilege to be welcoming to the city of Manchester the community of child and adolescent forensic professionals from across Europe.

I am looking forward to an exciting programme covering all aspects of assessment and treatment of those young people with mental health problems who are in contact with or at risk of being in contact with the Youth Justice system.



We all know only too well that half of all lifetime mental disorders have their onset before the age of 14. We also know that health inequalities and the social determinants of health are as Marmot said "Not a footnote to the determinants of health. They are the main issues". Nowhere is this more true than in the disrupted lives of young offenders who have innate vulnerabilities and have so often themselves experienced cumulative adverse life events.

The north west of England has a long history of doing pioneering work in the field of public health mental health and in the development of services for young offenders both across health services and the voluntary sector. Manchester is the birthplace of Emeline Pankhurst the leader of the suffragettes and the birthplace of the trade union movement.

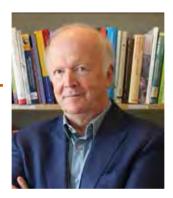
So a very warm welcome to this vibrant city with a big social ethos. Enjoy the educational learning, being with colleagues with shared interest and please enjoy the social events. I am greatly indebted to the organising committee who have worked energetically to bring together a strong academic programme but one where research is always for the benefit of the young people and the families we serve.

I am also very grateful to the Centre for Advanced Learning and Conferences (CALC), Royal College of Psychiatrists for their help in organising the conference.

Professor Dame Sue Bailey, Royal College of Psychiatrists

# Welcome address from the Europe EFCAP President

It is an honour to me to welcome you to the 4<sup>th</sup> EFCAP-Europe Congress in Manchester. Of course I am proud that EFCAP has evolved into a firmly based organisation with an enormous network where more and more professionals participate, from almost all European countries and from abroad.



For years and year's behavioural problems of youths were managed as problems for social workers, pedagogues and lawyers. So, no psychiatrists nor psychologists got involved in the assessment and treatment of these juveniles. Not in general practice and not in forensic settings like youth court procedures and youth prisons and correctional facilities.

But, by the way, psychiatrists and psychologists didn't involve themselves either. Kids with conduct disorder and comorbidities, and with co-occurring delinquency were usually not tolerated in child and adolescent ambulatory settings and private practices. Inpatient treatment in a child and adolescent psychiatric hospital was contra-indicated as well for such young people.

Fortunately times are changing. Scientific research has elicited that the phenomenology and endophenotypes of disruptive disorders follow equally complicated psychopathogenetic pathways as do disorders like depression, ADHD and autism spectrum disorders. In the mean time research also revealed high prevalences of psychiatric disorders in adjudicated and incarcerated youths: the further these youngsters proceed in the police and justice 'chain' the higher these prevalences.

However, just like in other psychiatric disorders, behavioural disorders may be classified in a psychiatric classification system like DSM or ICD, but they do not exclusively adhere to the domain of the psychiatrist. Psychiatric disorders are always assessed and treated by a multidisciplinary team. Also, young people with psychiatric problems are not only 'seen' in psychiatric institutes, but as well in schools, in prisons, in youth homes, in sporting clubs, etc. There as well they can or sometimes have to be treated.

EFCAP is a multidisciplinary organisation set up to let practitioners get in touch with researchers. EFCAP exists not only for adolescent psychiatrists and psychologists, but also for lawyers, nurses, politicians, adult psychiatrists and psychologists, pediatricians, policy makers, pedagogues, and trainees of all these disciplines.

I hope the congress will bring together all these colleagues to benefit the youth who did not find their way to professional assistance before getting in touch with the authorities. These youths also – or even more – have the right to be assisted in order to find a better way of life.

Prof. Em. Theo Doreleijers MD PhD, President, EFCAP

## **Congress Organisation and Scientific Committee**

#### **Host Organisation**

Tel: 0207 235 2351

Royal College of Psychiatrists
Centre for Advanced Learning and
Conferences (CALC)
21 Prescot Street
London E1 8BB
UK
www.rcpsych.ac.uk

#### **Congress President**

Professor Dame Sue Bailey Royal College of Psychiatrists 21 Prescot Street London E1 8BB UK

## UK 2014 Congress Organising Committee

Sue Bailey
Prathiba Chitsabesan
Richard Church
Enys Delmage
Nick Hindley
Andrew Rogers
Paul Tarbuck
Louise Theodosiou
Oliver White

#### **EFCAP Board**

Theo Doreleijers, President,
The Netherlands
Klaus Schmeck, Chair, Switzerland

Chijs van Nieuwenhuizen, Treasurer, The Netherlands Sue Bailey, Member, United Kingdom Riittakerttu Kaltiala-Heino, Member, Finland Renate Schepker, Member, Germany Dirk van West, Member, Belgium

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Ksenia Syrokvashina, Russia
Bie Tremmery, Belgium
Wolfgang Weissbeck, Germany
Marco Zanoli, Italy

### **About EFCAP**

EFCAP is the European Association for Forensic Child & Adolescent Psychiatry, Psychology & other involved professions, with members in Europe as well as other countries. EFCAP was founded in 1997 at a notary's office in The Hague (Chamber of Commerce number: 33298871). On November 19th 1997 the Constitution of the EFCAP Association was adopted. Since 1997, no official changes have been made.

#### The aims of EFCAP are:

- to improve facilities and to facilitate joint international scientific research to promote interdisciplinary training and interdisciplinary education.
- to exchange data obtained from research and to exchange practical experiences and innovative research and treatment methods.
- to gather information on and to contribute to national and European policy, in so far as this policy affects young people.
- to raise awareness of the need for constant change in the criminal and civil justice systems, so as to provide as well as possible for the interests and the development requirements of children and young people.

EFCAP is represented by the Board. The Board is supported by the Advisory Board and the Office.

#### **EFCAP Office**

- Cyril Boonmann, The Netherlands
- Richard Church, United Kingdom
- Célia Steinlin-Danielsson, Switzerland
- Jeroen van der Ven, The Netherlands

Contact: info@efcap.org

Website: http://www.efcap.org/

#### General information

#### **Comments & Feedback**

There are a number of ways for you to comment:

A detailed online feedback form can be found at https://www.surveymonkey.com/s/EFCAP2014

Please take the time to send us some feedback, everything received remains confidential and all comments are viewed in an effort to improve future EFCAP meetings.

If you wish to tweet about the conference please join us by using this hash tag: #EFCAPconf

#### Certificates of attendance

Your certificate of attendance will be sent after the meeting.

#### Accreditation

#### **CPD**

This Congress is eligible for 1 CPD hour for each hour of educational activity in which you participate, subject to your own personal reflection and peer group approval.

#### **EACCME**

This Congress has applied for accreditation from the European Accreditation Council for Continuing Medical Education (EACCME) to provide CME activity for medical specialists.

#### **AMA**

EACCME credits are recognised by the American Medical Association towards the Physician's Recognition Award (PRA). To convert EACCME credit to AMA PRA category 1 credit, contact the AMA.

#### Poster exhibition

Posters will be displayed throughout the conference. All posters will be displayed in Auden Way. A full list of posters and their accompanying abstracts can be found in the EFCAP abstract book.

#### **Registration desk**

The Congress registration desk will be open at the following times:

Wed 07 May 09:30 - 19:00

Thu 08 May 08:00 - 17:30

Fri 09 May 08:00 - 16:00

The registration desk will be staffed at all times throughout the Congress.

#### Cloakroom

A staffed cloakroom is available to all delegates free of charge. The Stanley cloakroom is located off Auden Way.

#### Speaker preview room

The speaker preview room is located in the Petersfield suite off Auden Way.

#### Congress language

The official language of the 4th EFCAP Congress is English.

#### **Programme changes**

The Congress organiser is not liable for any changes to the Congress programme due to external or unforeseen circumstances.

#### Refreshments and lunch

Refreshments and lunch will be served in the Trafford, Wyvern and Octagon Terrace.

#### **Mobile phones**

Delegates are kindly requested to keep their mobile phones turned off while attending sessions.

#### Wifi

Wifi is complimentary throughout the hotel.

## **Social Events**

#### Wednesday 07 May 18:15 – 19:00 – Welcome reception

All delegates are invited to the welcome reception in the Trafford.

#### Wednesday 7 May 19:00 - 20:30 - Guided Walking 'Discover Manchester Tour

The walk will discover the treasures of Manchester city centre, from the magnificence of the town hall and other civic buildings to the cathedral and city centre churches. The walk includes a look at the cotton warehouse district and chinatown, the Art Gallery and Bridgewater Hall, as well as the Royal Exchange and the world renowned John Rylands Library.

Starting point: The Midland Hotel, Manchester Address: Peter Street, Manchester, M60 2DS

**Fee:** £7 – Please check at the registration desk if places are available.

#### Thursday 08 May 19:30 - late - Congress dinner

EFCAP 2014 is pleased to invite you to attend the EFCAP Gala Dinner, which will be held on Thursday 8 May 2014 at Stock Restaurant.

Housed within the Edwardian splendour of Manchester's former Stock Exchange, Stock has rapidly become one of Manchester's favourite Italian restaurants. Join us for a buffet dinner and drinks, followed by music from the resident DJ.

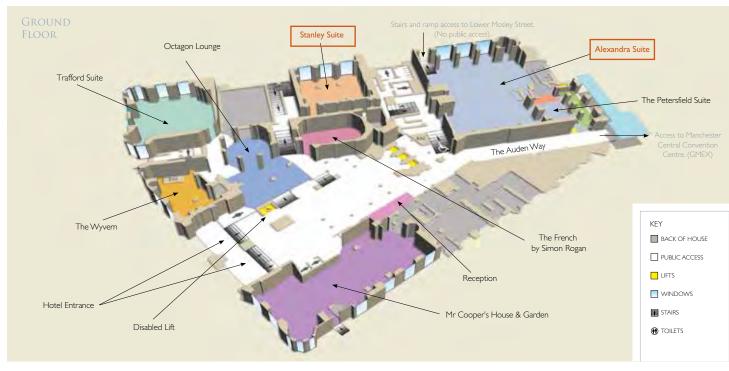
Date: Thursday 8 May 2014 Time: 19.30 – late Venue: Stock Restaurant

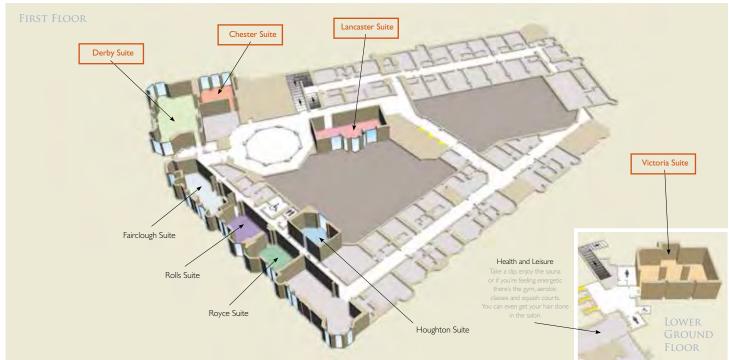
Address: The Stock Exchange, 4 Norfolk Street, Manchester M2 1DW Fee: £40 incl. buffet dinner, drinks and DJ

Places for the Congress dinner are limited but were still available at the time of printing. Please contact the registration desk to enquire about purchasing a ticket.



## Venue and programme orientation





## **Programme overview**

			K	ey	1	
	UK Practice Update	Masterclass	Symposia	Plenary	Workshop	Keynote
Time			Wednesday	07 May 2014		
09:30– 10:30			Registration an	d refreshments		
10:30– 11:15	Chester ME1a Health Care Standards for the Secure Estate ME1b The development of the comprehensive health assessment tool for young offenders within the secure estate	Derby ME2 Medium secure provision for adolescents	Alexandra ME3 A day in the life of a mental health clinician within Youth Offending Services	Stanley ME7 Jack's Toolkit	Lance MEW1 The devel Justice Liaison from the pilot developments in	opment of Youth and Diversion stage: service
11.15 – 12.00	Chester ME4 Integrated FCAMHS in the Secure Estate	Derby ME5 Attachment and a Developmental Trauma model	Alexandra ME6 Diversion & Liaison	Stanley ME8 Violence prevention - Innovative parent-infant interventions for troubled families	Lanca MEW2 Psycholo approaches t attachment and tr to inform mode National Secure Health Service f young	gically informed o care: using auma frameworks Is of care in the Forensic Mental or children and
12:00- 13.00		Lu	nch, Late Registration	on and Poster viewi	ng	
13:00- 14:00				andra g ceremony		
14:00– 15:00	K2 Systemic side-effects: lessons from juvenile justice in America					
15:15– 16:45	Victoria S1 Is your forensic service an Island?	Derby S2 Treatment approaches and models of care in forensic settings	Chester S3 Epidemiological studies; what do they tell us?	Alexandra S4 Impact of adverse life experiences and trauma on the development of antisocial behaviour	Stanley S5 Gang cultures and innovative approaches	Lancaster M1 Role of AMBIT for young people with antisocial behaviour

Time			Nednesday 07 M	ay 2014 continued	1	
16:45– 17:15	Afternoon refreshments					
17:15– 18:00	Lancaster P1 Children at risk of gang culture	Chester P2 Culturally fair assessment in a forensic context	Derby W1 Pathways of Forensic Recovery; from adolescent to adult—conflicts, value and understanding	Victoria W2 Where there is no forensic psy- chiatrist or youth offending team: effectiveness of a community based, systemic intervention on the lives of young offenders in Ker- ala, South India	Stanley W3 TEJO: First line therapeutic guidance for youngsters, preventive, anonymous and free of charge	Alexandra W4 Interventions in the Living Group Climate of Secure Residential Youthcare
18:15– 19:00			Welcome reception	and poster viewing		
19:00	Drinks in Castlefield			Wall	king tour of Manche	ester

Кеу					
UK Practice Update	Masterclass	Symposia	Plenary	Workshop	Keynote

Time			Thursday 0	8 May 2014		
08:00- 08:45	Registration and refreshments					
08:45- 09:30		Alexandra  K3 Personality Disorder concept and developmental perspective				
09:30- 10:15			Alexa	andra P AGM		
10:15- 10:30				freshments		
10:30– 12:00	Chester S6 Psychopathy and risk management	Victoria S7 Neurobiology and development of antisocial behaviour	Lancaster S8 Neurodisability in young people who offend	Alexandra S9 Mental health screening in young offenders - the role of the MAYSI	Derby \$10 Effectiveness and implementation of multi- dimensional family therapy	Stanley M2 Assessment of Psychopathy
12:15– 13:00	Chester P3 Development of personality disorders & the role of adolescent identity treatment	Victoria P4 Neural correlates of antisocial behaviour in children with varying levels of callous-unemotional traits	Lancaster W5 The multifarious reasons for autistic offending	Alexandra W6 Te oha a maru to motu pohue: youth forensic services in the lower south island, New Zealand	Derby W7 Managing high risk youth with complex case presentations	Stanley P4a The challenges of quality of life and recovery research in youth forensic psychiatry
13:00- 14:00			Lunch, exhibition a	and poster viewing		
14:00– 15:30	Chester \$11 Young people with sexually harmful behaviour I	Victoria S12 Training in child & adolescent forensic psychiatry - a Europe wide perspective	Lancaster S13 Developmental pathways & mental health needs of female offenders	Alexandra S14 Therapeutic approaches for female offenders	Derby \$15 Legal perspectives - policy & practice across countries	Stanley M3 Sexually harmful behaviour in young
15:30– 16:00			Afternoon r	efreshments		
16:00– 17:30	Chester \$16 Young people with sexually harmful behaviour II	Victoria S17 Professional & patient challenges in forensic settings	Lancaster \$18 ASD in young people who offend	Alexandra \$19 Conduct disorder & aggres- sive behaviour; developmental pathways & treat- ment approaches	Derby \$20 Mental health needs & treatment approaches for young people in secure settings	Multisystemic therapy for young people with complex needs
17:30– 19:00			Poster v	riewings		
19:30 – late	Congress Dinner and Drinks					

Time	Friday 09 May 2014					
08:00- 09:00		Registration and refreshments				
09:00- 10:00		Alexandra  K4 Finding balance in risk assessment for juveniles: the role of protective factors				
10:00- 10:30			Morning re	freshments		
10:30– 12:00	Chester S21 Child development, criminal behaviour and the law	Victoria S22 Neuro- developmental pathways for conduct disorder	Lancaster \$23 Risk assessments in forensic settings	Alexandra S24 Therapeutic approaches and interventions for young offenders	Derby S25 Models of service delivery and care pathways for young people who offend	Stanley M5 Language and communication impairment in young offenders: opportunities for intervention
12:15- 13:00	Chester P5 Mental disorders and violence in adolescent girls	Victoria P6 Substance misuse in young offenders	Lancaster W9 Preventing abuse and homicide of children: assessment of interpersonal dynamics for effective multiagency collaboration and enhanced child protection	Alexandra W10 Brain injury in young offenders: neuroscience to clinical practice in forensic settings	Derby W11 A residential treatment pro- gram for adoles- cent delinquents with mental health disorders in Belgium: Towards implementation of a Functional Family Therapy (FFT) Program	Stanley W12 Understanding bad behaviour
13:00– 14:00			Lur	nch		
14:00- 14:45	Chester P7 School shootings: assessing adolescents expressing school massacre threats	Victoria W13 Oral presentations and oral & poster awards ceremony	Lancaster W14 Juvenile justice and mental health intervention needs	Alexandra W15 An evaluation of a service for young people with problematic or harmful sexual behaviours: the child and adolescent harmful behaviour service (CAHBS)	Derby W16 Excalibur: Multi-agency intervention and support barometer	W17 Working with young people in secure accommodation – From chaos to culture
14:45- 15:30	Alexandra  K5 Closing ceremony					
15:30 – 16:00	Afternoon refreshments					
			_ K	ey		
	UK Practice Update	Masterclass	Symposia	Plenary	Workshop	Keynote

## Programme in detail

	Wednesday 07 May 2014
Time	Sessions
09:30-10:30	Registration and refreshments
10:30-11:15	WE 1a Health Care Standards for the Secure Estate Dr Isobel Howe (UK)  ME1b The development of the comprehensive health assessment tool for young offenders within the secure estate Dr Prathiba Chitsabesan & Dr Louise Theodosiou (UK)
	UK Practice Update Derby ME2 Medium secure provision for adolescents Dr Oliver White & Dr Jackie Preston (UK)
	WE3 A day in the life of a mental health clinician within Youth Offending Services Dr Kavita Misra & Dr Jo Marshall (UK)
	UK Practice Update Stanley ME7 Jack's Toolkit Ms Carol Reffin (UK)
	Workshop Lancaster  MEW1 The development of Youth Justice Liaison and Diversion from the pilot stage: service developments in response to need Dr Matthew Lister (UK)
11:15 – 12:00	UK Practice Update Chester ME4 Integrated FCAMHS in the Secure Estate Dr Kenny Ross (UK)
	UK Practice Update Derby ME5 Attachment and a Developmental Trauma model Dr Andrew Rogers & Dr Miranda Casswell (UK)
	UK Practice Update Alexandra ME6 Diversion & Liaison Dr Howard Jasper (UK)
	UK Practice Update Stanley ME8 Violence prevention – Innovative parent-infant interventions for troubled families Dr Deborah Judge & Dr Shirley Gracias (UK)
	Workshop Lancaster MEW2 Psychologically informed approaches to care: using attachment and trauma frameworks to inform models of care in the National Secure Forensic Mental Health Service for children and young people Dr Charlie Staniforth (UK)
12:00-13.00	Lunch, Late Register and Poster Viewing
13:00–14:00	Alexandra K1 Opening Ceremony Professor Theo Doreleijers (NLD)
14:00–15:00	Alexandra K2 Systemic side-effects: lessons learnt from juvenile justice in America Professor Thomas Grisso (USA)

#### 15:15–16:45 Symposia Victoria

#### S1 Is your Forensic Service an Island?

Integrating care pathways for young people with forensic mental health needs with universal provision for young people. Are there differences in different countries and what can we learn from each other? Dr Nick Hindley (UK) & Dr Marigo Teeuwen (NLD)

Juvenile offenders with mental disorders: A Model for structural trajectories in treatment Ms Annelore Pauwels & Ms Lies Vandemaele (BE)

#### **Symposia Derby**

#### S2 Treatment approaches and models of care in forensic settings

Development of a decision support tool for treatment in juvenile justice institutions Ms Sanne Hillege (NDL)

Conduct Disorder in inpatient settings: the Weissenau programme Prof Renate Schepker (DEU)

Our children deserve better: prevention pays in youth justice Dr Charlotte Lennox (UK)

The National Secure Forensic Mental Health Service for Young People (NSFMHSfYP): Governance and collaborative working Mr Paul Mitchell (UK)

#### **Symposia Chester**

#### S3 Epidemiological studies; what do they tell us?

Delinguent behaviours and associated factors among adolescents in Kosovo Mr Naim Fanaj (KV)

The model project: Clarification and goal-attainment in Swiss youth welfare und juvenile justice institutions (MAZ Study) - first data among recidivism 3-5 after MAZ Prof Klaus Schmeck (CHE)

The relationship between substance use and anti-social behaviour across adolescence and young adulthood: the role of self-control Dr Antonio Fonseca (PGL)

The stability of Callous-Unemotional traits and Hypothalamic-Pituitary-Adrenal axis functioning during treatment in adolescents with conduct problems Mr Tijs Jambroes (NDL)

#### Symposia Alexandra

#### S4 Impact of adverse life experiences and trauma on the development of antisocial behaviour

Detained adolescent offender's emotional, physical and sexual maltreatment profiles and their **associations to psychiatric disorders** Dr Belinda Plattner (AST)

Adverse childhood experiences explain and relate to psychiatric disorders, irritability and suicidality in detained male juveniles Dr Hannes Bielas (CHE)

Psychopathic-like traits and maltreatment: risk factors for aggression and mental health **problems in detained boys** Ms Pauline Vahl (NLD)

Mental distress and traumatization in children and adolescents in Swiss residential care before starting the implementation of specific pedagogical concepts for traumatized children and adolescents Ms Claudia Dölitzsch (DEU)

#### 15:15–16:45 Symposia Stanley

#### S5 Gang cultures and innovative approaches

Bringing Youth Work into the Emergency Department to help young people break the cycle of violence Mr John Poyton (UK)

Gang culture within a London Young offender prison institution Dr Alexandra Lewis (UK)

Empirical and philosophical approaches towards reducing gang violence. The STAR Project-the preliminary findings for a intervention which uses Reasoning and Rehabilitation 2 and mentalisation Dr Peter Misch (UK)

The Mental Health Needs of Young People involved in street gangs Ms Jane Padmore (UK)

15:15–16:45	Masterclass Lancaster M1 Role of AMBIT for young people with antisocial behaviour Dr Peter Fuggle (UK)		
16:45–17:15	Afternoon refreshments		
17:15–18:00	Plenary Lancaster P1 Children at risk of gang cultureDr Lorraine Khan (UK)		
	Plenary Chester P2 Culturally fair assessment in a forensic contextProf Renate Schepker (DEU)		
	Workshop Derby W1 Pathways of Forensic Recovery; from adolescent to adult – conflicts, value and understanding Dr Duncan Harding & Dr Aneesa Peer (UK)		
	Workshop Victoria W2 Where there is no forensic psychiatrist or youth offending team: effectiveness of a community based, systemic intervention on the lives of young offenders in Kerala, South India Dr Kah Mirza & Dr Roshin M Sudesh (UK)		
	Workshop Stanley W3 TEJO: First line guidance for youngsters, preventive, anonymous and free of charge Mrs Ingrid De Jonghe (BEL)		
	Workshop Alexandra W4 Interventions in the living group climate of secure residential youthcare Dr Peer Van der Helm, Drs (MsC) Jaap Nagtegaal, Drs (MsC) Thijs de Jong, Drs (MsC) Ellen Etink & Drs (MsC) Evelyn Heynan (NLD)		
18:15–19:00	Welcome reception and poster viewing		
19:00	Drinks in Castlefield		
	Walking tour of Manchester		

	Thursday 08 May 2014
Time	Sessions
08:00-08:45	Registration and refreshments
08:45-09:30	Alexandra K3 Personality Disorder concept and developmental perspective Prof Peter Tyrer (UK)
09:30–10:15	Alexandra EFCAP AGM
10:15-10:30	Morning refreshments
10:30–12:00	Symposia Chester S6 Psychopathy and risk management
	Morality in (delinquent) juveniles varying in their levels of psychopathic traits: The relationship between moral behaviour, moral emotions, and moral cognitions Dr Maaike Cima (NLD)
	Serious juvenile offenders: subgroups of offenders and differences in treatment needs Mrs Sanne Hillege (NLD)
	'What's safe and helps'; an empirical approach. Treatment philosophies and the use dynamic risk management to inform treatment in a community forensic outpatient mental health clinic Dr Peter Misch (UK)
	The development of the SAPROF – Youth version Mr Ed Hilterman (ESP)
	Symposia Victoria S7 Neurobiology and development of antisocial behaviour
	Neural processing of others' emotions in children with conduct problems: the role of callous-unemotional traits Dr Catherine Sebastian (UK)
	Grey matter volumes in children with conduct problems and varying levels of callous-unemotional traits Dr Stephane De Brito (UK)
	Neural substrates of facial emotion processing in adolescent girls with Conduct Disorder Dr Graeme Fairchild (UK)
	The role of incentive processing in persistent disruptive behaviour and psychopathic traits: an fMRI study in adolescents Mr Moran Cohn (NLD)
	Symposia Lancaster S8 Neurodisability in young people who offend
	Overview and developmental perspective Dr Prathiba Chitsabesan (UK)
	TBI Dr Rafey Faruqui (UK)  Disrupting pathways to custody for young people with communication disorders  Dr Nathan Hughes (AUS)
	Symposia Alexandra S9 Mental health screening in young offenders – the role of the MAYSI
	The (In)stability of mental health screening data Prof Thomas Grisso (USA),
	Massachusetts Youth Screening Instrument-2 (MAYSI-2): Portuguese validation in a sample of institutionalized adolescents Dr Mario Simeos (PRT)
	The relation of standardized mental health screening and categorical assessment in detained male adolescents Mr Olivier Colins (NLD)
	Treatment engagement and mental health needs in detained female adolescents Ms Lore Van Damme (BEL)

10:30–12:00 **Symposia Derby** \$10 Effectiveness and implementation of multi-dimensional family therapy Working with adolescents with intellectual disabilities Ms Brenda Cooiman(NDL) How to motivate in a system-oriented treatment and what is the effect on treatment retention and drop out of adolescents Mr Kees Mos (NDL) The effectiveness of Multidimensional Family Therapy in treating adolescents with behaviour problems: A meta-analysis Mr Thimo van der Pol (NDL) Implementing MDFT in adolescent psychiatric services in Finland Prof Riittakertu Kaltiala-Heino (FIN) **Masterclass Stanley** M2 Assessment of Psychopathy Dr Lorraine Johnstone (UK) 12:15-13:00 **Plenary Chester** P3 Development of personality disorders & the role of adolescent identity treatment Prof Klaus Schmeck (CHE) **Plenary Victoria** P4 Neural correlates of antisocial behaviour in children with varying levels of callousunemotional traits Prof Essi Viding (UK) **Workshop Lancaster** W5 The multifarious reasons for autistic offending Dr Ernest Gralton (UK) **Workshop Alexandra** W6 Te oha a maru to motu pohue: youth forensic services in the lower south island, New Zealand Ms Rosalind Turner & Mrs Nic Roffey (NZ) **Workshop Derby** W7 Managing high risk youth with complex case presentations: increasing access to a model of tiered service delivery using best practice principles in risk assessment, formulation, scenario planning and risk management Dr Leanne Gregory & Dr Lorraine Johnstone (UK) **Plenary Stanley** P4a The challenges of quality of life and recovery research in youth forensic psychiatry Prof Chijs van Nieuwenhuizen (NDL) 13:00-14:00 Lunch, exhibition and poster viewing 14:00-15:30 **Symposia Chester** S11 Young people with sexually harmful behaviour I Testing the "sexually abused abuser hypothesis" in a Swiss population of youths Dr Marcel Aebi (CHE) **Specificities of adolescents sexual offenders** Dr Ricardo Barroso (PRT) Interviewing juvenile multiple perpetrator sexual offenders: What they have to say about their involvement in the assaults Ms Teresa de Silva (UK) Mental disorders in juvenile sexual offenders Mr Cyril Boonmann (NLD) **Symposia Victoria** \$12 Training in child & adolescent forensic psychiatry – a Europe wide perspective Dr Brian Jacobs, Dr Jane Anderson (UK) & Dr Thanos Kanellopoulos (Greece)

#### 14:00-15:30 **Symposia Lancaster** \$13 Developmental pathways & mental health needs of female offenders An overview of neuroimaging research on female children and adolescents with Conduct **Disorder** Dr Graeme Fairchild (UK) New proposals for the advancement of research on F.: The FemNAT-study Ms Helena Oldenhof (NLD) Never give up! Challenges in treating girls with severe behavioural problems and a mild intellectual disability in practice Drs Katrien Raemdonck & Drs Anne Nieuwkamer (NLD) Conflict, self-worth and depressive coping in girls treatment in secure care: recommendations for practice Ms Juliette Sonderman (NLD) Girls in residential care: From child maltreatment to trauma-related symptoms in emerging adulthood Dr Eveline van Vugt (NDL) Symposia Alexandra S14 Therapeutic approaches for female offenders Mindfulness, stress tolerance and emotion regulation: A psychotherapeutic approach for female adolescents with conduct disorder Mr Martin Prätzlich (CHE) Watch out, A girl on your ward: Is their need for a different approach in girls than in boys? Ms Annelore Pauwels & Ms Liesbeth Peeters (BEL) The challenge of developing gender-responsive programs: The effect of a cognitive-behavioural program on anger management and depressive symptoms among girls in residential care Ms Nadine Lanctot (CAN) Symposia Derby S15 Legal perspectives – policy & practice across countries Can adolescent firesetters get a fair trial in Australia? Dr Teresa Flower (AUS) Forced hospital recording from minors in Flanders: good practices? Dr Sarah Van Grieken (BEL) The role of inter-agency collaboration in a trajectory approach Mrs Leen Cappon (BEL) On the road to instability? The influence of a mental disorder within juvenile court records on the patterns of movement Mrs Sophie Merlevede (BEL) **Masterclass Stanley** M3 Sexually harmful behaviour in young people Prof Simon Hackett (UK) 15:30-16:00 Afternoon refreshments 16:00-17:30 **Symposia Chester** \$16 Young people with sexually harmful behaviour II

# 15:30-16:00 Symposia Chester S16 Young people with sexually harmful behaviour II What's new? Current status of interventions with young sex offenders. Sequel of EFCAP 2010 Dr Madelina Manetsch (CHE) Therapeutic interventions for young people with sexually harmful behaviour: multiagency collaboration in a South London AIM service Ms Caroline Harrison (UK) Subgroups of Female Adolescent Sexual Offenders Dr Claudia van der Put (NLD) Psychosexual development and intimate relationships of juvenile sex offenders: a follow-up after 10 years Mr Ewoud Baarsma (NLD)

#### 16:00-17:30 Symposia Victoria

#### \$17 Professional & patient challenges in forensic settings

Personal challenges of professionals working in child welfare institutions

Ms Celia Steinlin-Danielsson (CHE)

Defining and measuring stigma in adolescent forensic mental health. The findings of a pilot **European survey** Dr Peter Misch (UK)

Working together; parent and patient perspectives of stigma Ms Mary Smith (UK)

Personality disorder and stigma in young people: community and inpatient perspectives Dr Aileen Blower & Dr Oliver White (UK)

#### **Symposia Lancaster**

#### \$18 ASD in young people who offend

Juvenile delinquency and autism Mrs Alexa Rutten (NDL)

Prevalence of ASD in youth forensic psychiatry and associations with offending behaviour Ms Charlotte Barendreqt (NLD)

Autism spectrum symptoms in juvenile sex offenders Mr Cyril Boonmann (NLD)

**How detailed neuropsychological assessment informs treatment – Case studies** Dr Maxine Sinclair (UK)

#### **Symposia Alexandra**

## S19 Conduct disorder & aggressive behaviour; developmental pathways & treatment approaches

Systematic review and meta-analysis of psychosocial and behavioural treatments in children and adolescents with conduct disorder problems Ms Mireille Bakker(NDL)

**Self-serving cognitive distortions linked to reactive and proactive aggression profiles** Ms Sanne Oostermeijer (NDL)

Pharmacological treatment of children and adolescents with reactive or proactive aggression Ms Itziar Flamarique (ESP)

Can proactive and reactive aggression be distinguished? A multi-level latent class analysis Ms Kirsten Smeets (NDL)

Facial emotion recognition in adolescents with conduct disorder, their unaffected relatives, and healthy controls: is emotion processing a candidate endophenotype for conduct disorder?

Ms Kate Sully (UK)

#### **Symposia Derby**

#### 520 Mental health needs & treatment approaches for young people in secure settings

Bringing science and practice together: diagnostic profiles of children in youth care Ms Lieke van Domburgh (NLD)

A prospective cohort study of the changing mental health needs of adolescents in custody Dr Charlotte Lennox (UK)

Aggression as a contextual event: group climate and aggression on a Belgian adolescent forensic psychiatric ward Ms Liesbeth Peeters & Ms Annelore Pauwels (BEL)

The national secure forensic mental health service for young people (NSFMHSfYP): Analysis of referral and admission data Dr Cesar Lengua (UK)

#### **Masterclass Stanley**

M4 Multisystemic therapy for young people with complex needs Dr Simone Fox (UK)

17:30-19:00	Poster viewings
19:30 – late	Congress Dinner and Drinks

	Friday 09 May 2014				
Time	Sessions				
08:00-09:00	Registration and refreshments				
09:00-10:00	Alexandra K4 Finding balance in risk assessment for juveniles: the role of protective factors Prof Corine de Ruiter (FIN)				
10:00-10:30	Morning refreshments				
10:30–12:00	Symposia Chester  S21 Child development, criminal behaviour and the law  Dr Enys Delmage (UK), Prof Rittakertu Kaltiala-Heino (FIN) & Dr Scott Harden (AUS)				
	S22 Neurodevelopmental pathways for conduct disorder  Mother-child-interactions predict bio-behavioural indices of emotion regulation in kindergarten children with ODD Dr Margarete Bolton (CHE)  Testing models of the neuropsychological basis of ADHD/CD co-morbidity: the role of executive function deficits Ms Nadia Peppa (UK)  Cognitive and affective empathy: Two sides of the same coin? Mr Felix Euler (CHE)				
	The relationship between offending and empathy in adolescents Dr Marc Allroggen (DEU)				
	Symposia Lancaster S23 Risk assessments in forensic settings Assessing risk in adolescents Dr Anne Mclean (UK) Risk factors in (delinquent) adolescents: a latent class analysis Ms Lisette de Ruijter (NDL) Exploring the structure of the SAVRY for male and female juvenile offenders: an exploratory and confirmatory factor analysis Mr Ed Hilterman (ESP) Short-Term assessment of risk and treatability for adolescents (start:av): a prospective validation study in a forensic psychiatric adolescent sample Dr Lucy Warner (UK)				
	Symposia Alexandra S24 Therapeutic approaches and interventions for young offenders A Randomised controlled trial of functional family therapy for english young offenders Dr Sajid Humayun (UK) Compassion and antisocial behaviour: Mental health issues, shame and compassion focused				
	therapy with young offenders Mr Daniel Rijo (PRT)  Establishing core elements of a family focused case management model for child protection and youth probation Ms Inge Busschers (NLD)				
	Adolescents in custody; coping, attitudes to mental health services, and barriers to help-seeking Mr Paul Mitchell (UK)				
	Symposia Derby S25 Models of service delivery and care pathways for young people who offend Integration of mental and physical health delivery in a juvenile hall setting Chief Allen Nance & Dr George Fouras (USA)				
	Masterclass Stanley M5 Language and communication impairment in young offenders: opportunities for intervention Prof Karen Bryan & Dr Juliette Gregory (UK)				

12:15-13:00	Plenary Chester P5 Mental disorders and violence in adolescent girls Prof Rittakertu Kaltiala-Heino (FIN)		
	Plenary Victoria P6 Substance misuse in young offenders Prof Eilish Gilvarry (UK)		
	Workshop Lancaster W9 Preventing abuse and homicide of children: assessment of interpersonal dynamics for effective multiagency collaboration and enhanced child protection Dr Richard Church (UK)		
	Workshop Alexandra W10 Brain injury in young offenders: neuroscience to clinical practice in forensic settings Prof Huw Williams (UK)		
	Workshop Derby W11 A residential treatment program for adolescent delinquents with mental health disorders in belgium: towards implementation of a functional family therapy (FFT) program Mr Tony De Clippele (BEL)		
	Workshop Stanley W12 Understanding bad behaviour Prof Samuel Stein (UK)		
13:00-14:00	Lunch		
14:00-14:45	Plenary Chester P7 School shootings: assessing adolescents expressing school massacre threats Prof Nina Lindberg (FIN)		
	Workshop Victoria W13 Oral presentations and oral & poster awards ceremony Dr Enys Delmage (UK)		
	Workshop Lancaster W14 Juvenile justice and mental health intervention needs Projecto Paipa (PRT)		
	Workshop Alexandra W15 An evaluation of a service for young people with problematic or harmful sexual behaviours: the child and adolescent harmful behaviour service (CAHBS) Ms Charlotte Procter (UK)		
	Workshop Derby W16 Excalibur: multi-agency intervention and support barometer Prof Samuel Stein (UK)		
	Workshop Stanley W17 Working with young people in secure accommodation – From chaos to culture Mr Jim Rose (UK)		
14:45-15:30	Alexandra K5 Closing ceremony Dr Maggie Atkinson/ Prof Dame Sue Bailey (UK)		
15:30 – 16:00	Afternoon refreshments		

## **Oral presentation sessions**

Five poster abstract submissions have been shortlisted to be presented as an oral presentation on Friday 09 May 14:00 – 14:45. Please note the accompanying abstracts can be found in the abstract book.

Mr Nélio Brazão – The prevalence of mental disorders among male young offenders

**Dr Ching Li & Dr Anneka John-Kamen** – The role of social media in the 2011 London riots: A culprit for youth disorder or a scapegoat for public hysteria?

**Dr Maria Martinez-Herves** – Cyberbullying and physical, behavioral and social associations in a sample of secondary students in the UK

Mrs Roxy Short – Facial emotion recognition in adolescents with co-occurring conduct disorder and anxiety disorders

Dr Thea Strieder - Severe vitamin D deficiency in a Dutch forensic youth population

## **Co-sponsoring organisations**

EFCAP would like to thank the following organisations for their support

Organising bodies





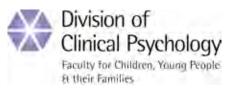
Co sponsoring organisations







**British Psychological Society** 







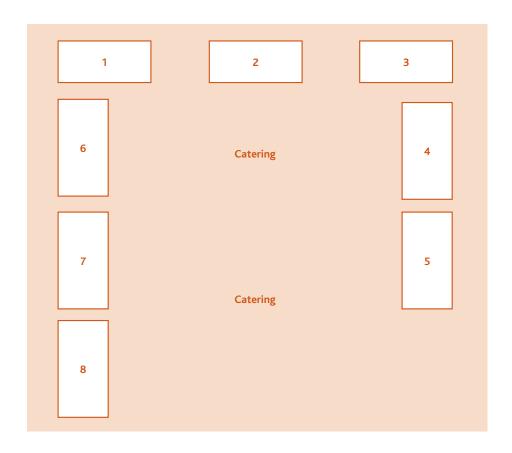
## **Exhibition Guide**

#### Welcome to the EFCAP 4th Congress Exhibition

#### **KEY TO EXHIBITORS**

Alpha Hospitals1	
Autism Accreditation	
Birmingham and Solihull Mental Health NHS Foundation Trust	
British Psychological Society, Division of Clinical Psychology, Faculty for Children Young People & their Families	
The Disabilities Trust Foundation6	,
EFCAP	,
Royal College of Psychiatrists	
St Andrew's	

#### **EXHIBITION PLAN**



#### **Exhibitors**

## **Alpha Hospitals**

#### A STATE OF MIND

Stand number: 1

Company name: Alpha Hospitals

Contact name: Lisa Mullineux

Postal address: Alpha Hospital Bury, Buller Street, Off

Bolton Road, Bury, BL8 2BS

Telephone: 07917 396570

Fax: 0870 762 7207

Email: lisa.mullineux@alphahospitals.co.uk

Website address: www.alphahospitals.co.uk

Alpha Hospitals, one of the UK's leading providers of specialist mental health services was established in 2002, with purpose built, state of the art hospitals in Bury, Sheffield and Woking. Our specialist mental health services, are gender specific and include CAMHS Tier 4, personality disorders, mental illness, Deaf and rehabilitation

Alpha Hospitals works in partnership with the NHS and is committed to providing outstanding levels of service to patients and partners, that is flexible and needs led based on the individuals requirements.



Stand number: 7

Company name: Autism Accreditation - NAS

Contact name: Robert Pritchett

Postal address: Church House, Church Road, Filton, Bristol

BS34 7BD

Telephone: 0117 9748420

Fax: 0117 9872576

Email: accreditation@nas.org.uk

Website address: www.autism.org.uk/accreditation

Apply for accreditation now: Visit www.autism.org.uk/accreditation, email accreditation@nas.org.uk, or call 0117 974 8420.

Autism Accreditation provides an autism-specific quality assurance programme for almost 500 provisions throughout the UK and abroad, providing:

- a unified standard of excellence in both policy and practice
- a systematic framework for continuous selfexamination and development
- guidance and support to those services using our programme.

Accreditation offers reassurance and peace of mind to families when faced with the prospect of choosing a service.



Stand number: 3

Company name: Birmingham and Solihull Mental Health

NHS Foundation Trust

Contact name: Hilary Grant, Clinical Director,

**Youth Services** 

**Postal address:** Forensic Child and Adolescent Mental Health Services, Ardenleigh, 385 Kingsbury Road,

Birmingham, B24 9SA

Telephone: 0121 678 4602

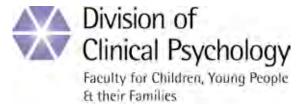
Email: comms.team@bsmhft.nhs.uk
Website address: www.bsmhft.nhs.uk

Birmingham and Solihull Mental Health NHS Foundation Trust is one of the largest and most complex mental health NHS Trust's in the country. We provide a range of community and inpatient services alongside specialist and forensic care for the population of Birmingham, Solihull and beyond.

As one of the largest providers of forensic youth services in the country we offer a holistic, yet flexible approach to treatment for both males and females. We know that all young people are different which is why our treatments are tailored to the individual in a safe, secure environment.

Our staff are of some of the leading names in child and adolescent forensic mental health and we derive strength from the multidisciplinary approach, with many of our interventions being delivered by a number of disciplines, in order to maximise positive outcomes for our young people.

For more information on how to access our services please visit our website www.bsmhft.nhs.uk.



Stand Number: 5

**Company name:** British Psychological Society, Division of Clinical Psychology, Faculty for Children Young People & their Families

Postal address: St Andrews House, 48 Princess Road East,

Leicester, LE1 7DR

**Telephone:** 0116 2549568

Fax: 0116 2271314

Email: dcpchildlead@bps.org.uk
Website address: dcp-cyp.bps.org.uk

The Faculty for Children, Young People & their Families (CYPF) is a Member Network of the British Psychological Society's Division of Clinical Psychology. It is made up of clinical psychologists who specialise in working with children, young people and their families, although other professions may join as Associate members.

#### Aims

Promote the value of applied psychological principles and research to the world outside the profession, to influence and shape key policy around health, education and social care to improve the psychological well-being of children and families.

Supporting members to deliver high quality psychologically informed services for children, young people and families that have a positive impact on them throughout their lifespan.



Stand Number: 6

Company name: The Disabilities Trust Foundation

Contact name: Deborah Fortescue, Head of Foundation

Postal address: 32 Market Place, Burgess Hill, West Sussex

**RH15 9NP** 

Telephone: 01444 239123

Fax: 01444 244978

Email: Deborah.fortescue@thedtgroup.org

Website address: www.thedtgroup.org/foundation

The Disabilities Trust is a leading national charity with over 30 years of expertise in providing support, rehabilitation and care for people with severe complex needs, specialising in acquired brain injury, autism spectrum disorders, learning disabilities and physical disabilities. The Foundation, a division within the Trust, invests Trust expertise in ground breaking research studies, piloting new ideas and services to initiate or enhance good practice and direct policy within our areas of specialism.



Stand Number: 8

Company name: EFCAP

Contact name: Cyril Boonmann, The Netherlands, Richard Church, United Kingdom, Célia Steinlin-Danielsson,

Switzerland or Jeroen van der Ven, The Netherlands

Contact: info@efcap.org
Website: www.efcap.org/

Please refer to section About EFCAP for further details.



Stand Number: 4

Company name: Royal College of Psychiatrists

Postal address: 21 Prescot Street, London E1 8BB

Telephone: 020 7235 2351

Fax: 020 3701 2761

Email: reception@rcpsych.ac.uk (General enquiries)

Website address: www.rpcsych.ac.uk

The Royal College of Psychiatrists is the professional medical body responsible for supporting psychiatrists throughout their careers, from training through to retirement, and in setting and raising standards of psychiatry in the United Kingdom.

The College aims to improve the outcomes of people with mental illness, and the mental health of individuals, their families and communities. In order to achieve this, the College sets standards and promotes excellence in psychiatry; leads, represents and supports psychiatrists; improves the scientific understanding of mental illness; works with and advocates for patients, carers and their organisations. Nationally and internationally, the College has a vital role in representing the expertise of the psychiatric profession to governments and other agencies.



Stand Number: 2

Company name: St Andrew's
Contact name: St Andrew's

Postal address: Cliftonville, Northampton, NN1 5DG

Telephone: 01604 616 000 Email: info@standrew.co.uk

Website address: www.stah.org

Established over 175 years ago St Andrew's is the UK's leading mental healthcare charity.

Our specialist services include mental health, learning disability, autism and brain injury and we have the UK's leading national secure facilities for adolescents, women, men and older adults.

With services in Northampton, Essex, Birmingham and Nottinghamshire St Andrew's is by far the largest provider of NHS care in the charity sector.

## Dates for your diary

Faculty of Child & Adolescent Psychiatry Annual Conference 2014

17-19 September 2014, Cardiff, UK

**Faculty of Forensic Psychiatry** 

2015 date to be announced

## **Special Interest Groups**

#### Adolescent Forensic Psychiatry (AFPSIG)

The Adolescent Forensic Psychiatry SIG aims to:

- To promote forensic mental health services for young people
- To support training in child and adolescent forensic psychiatry at all levels
- To support clinical and academic developments in this field
- To act as an information and networking resource

The AFPSIG holds an annual conference

#### Forensic Psychotherapy (FPSIG)

The Forensic Psychotherapy SIG aims to

To promote and encourage the practice of forensic psychotherapy as an approach in the treatment and management of mentally disordered patients who carry out violent or destructive acts against others or themselves.

- Share knowledge and work in the field to help develop the specialty.
- Bring together psychiatrists from allied specialties with an interest in the field.
- Contribute towards the training and CPD for psychiatrists.
- Support the discipline during changes in training junior psychiatrists and ensure that the field remains visible and supports interest in wider college membership.
- Help support educational and training initiatives for psychiatrists working with particular patient groups, for example, offender patients suffering from personality disorders.
- Act in an advisory role or as a resource, if appropriate, for other College faculties or SIGs.
- Stimulate research in the field.

Visit www.rcpsych.ac.uk for further information.



Congress 2016 date to be announced Visit http://www.efcap.org/

Alpha Hospitals provide
Psychiatric Intensive Care (PICU)
services for male and female
adolescents and low secure
services for female adolescents
in gender specific environments.



Our Tier 4 services are for adolescents who are high risk, have dual diagnosis or complex problems and need intensive care.

#### Our Model of Care provides:

- a safe and secure environment
- clear and consistent boundaries
- teaching of behaviour management strategies
- development of self-control, sense of security and confidence
- privilege led pathway which encourages responsibility and autonomy
- healthy bonds within a managed environment

## Alpha Hospitals A STATE OF MIND

We offer a Rapid Response to crisis management with all referrals being responded to within 1hour and admissions 24/7.

For more information or to arrange a visit please contact:

**Bury & Sheffield** 

Lisa Mullineux

(T) 0161 762 7207

(M) 07917 396570

lisa.mullineux@alphahospitals.co.uk

#### Woking

Moya McGinley

(T) 01483 795130

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www.alphahospitals.co.uk

## Royal College of Psychiatrists'



# **International Congress 2014**

PSYCHIATRY: THE HEARTLAND OF MEDICINE



**24–27 June** Barbican Centre, London

This major international event reflects the College's high standards in education, training and research. The programme strives for scientific rigour and to lead the way in developing clinical excellence and promoting best practice. Attendees will leave with an improved understanding of psychiatry and mental health and the interactions between mental health, neuroscience and the social and cultural context in which people live.



With a projected attendance of over 1,500 delegates from more than 40 different countries, the congress will offer numerous networking opportunities as well as a full programme of social events.

This congress is eligible for a total of 24 CPD / CME points.

psychopharmacology

neuropsychiatry

psychosis

treatment

clinical skills

management & leadership

new science

avatar therapy

Contact congress@rcpsych.ac.uk or go to www.rcpsych.ac.uk/congress